

NATIONAL SKILL TRAINING INSTITUTE (WOMEN) - MOHALI

Time Table (CITS-FDT & COSMETOLOGY)

Training Period – March 2023 to till complete Session

Trade	Day	9:00 to 10:00	10:00to 11:00	11:00 to 12:00	12:00 to 1:00	1:00 to 1.30	1.30 to 2.30	2.30 to 3.30	3.30 to 4.30	4.30 to 5.30
Fashion Design Technology	Monday	T M Practical	Trade Practical			L U N C H	T M Theory	Trade Theory	Trade Theory	Soft Skill Practical
	Tuesday	Sports/Yoga	Trade Practical				T M Theory	Trade Theory	T M Practical	Soft Skill Practical
	Wednesday	Trade Practical			Trade Theory		Trade Theory	T M Practical	Vocation Calculation	
	Thursday	Library	Trade Practical				T M Theory	Trade Theory	T M Practical	Soft Skill Theory
	Friday	Trade Practical			T M Theory		Trade Theory	T M Practical	Soft Skill Theory	
Cosmetology Batch- 1	Monday	T M Practical	Trade Practical				T M Theory	T M Theory	Trade Theory	Soft Skill Practical
	Tuesday	Trade Practical			T M Theory		T M Theory	T M Practical	Soft Skill Practical	
	Wednesday	Sports/Yoga	Trade Practical				Trade Theory	Trade Theory	T M Practical	Vocation Calculation
	Thursday	Trade Practical			T M Theory		T M Theory	T M Practical	Soft Skill Theory	
	Friday	Library	Trade Practical				T M Theory	T M Practical	T M Practical	Soft Skill Theory
Cosmetology Batch - 2	Monday	T M Theory	Trade Theory	Trade Theory	Soft Skill Practical		T M Practical	Trade Practical		
	Tuesday	T M Theory	Trade Theory	T M Practical	Soft Skill Practical	Trade Practical				
	Wednesday	Trade Theory	Trade Theory	T M Practical	Vocation Calculation	Sports/Yoga	Trade Practical			
	Thursday	T M Theory	Trade Theory	T M Practical	Soft Skill Theory	Trade Practical				
	Friday	T M Theory	T M Practical	T M Practical	Soft Skill Theory	Library	Trade Practical			

S. No.	Trade	Subject	Faculty
1.	FDT 1 st & 2 nd Batch/Unit	Trade (Theory & Practical) TM (Theory & Practical- 1 st Batch/Unit)	Sh. Alok Daulta
2.	FDT 2 nd Batch/Unit	TM (Theory & Practical)	Sh. Mukesh Kaushik.
3.	FDT 1 st & 2 nd Batch/Unit	Soft Skill (Theory & Practical)	Mrs. Sarita Mahla
4.	Cosmetology 1 st Batch/Unit	Trade (Theory & Practical) TM & Soft Skill (Theory & Practical)	Smt. Beena Raj
5.	Cosmetology 2 nd Batch/Unit	Trade (Theory & Practical) TM & Soft Skill (Theory & Practical)	Smt. Reeta Prajapati



ATTESTED/सत्यापित

V. Jayaram

कार्यालय प्रमुख
Head of Office
रा. को. प्रशि. संस्थान (महिला)
N.S.T.I for Women
मोहाली - (पंजाब)
MOHALI - (PUNJAB)

*All concerned are requested to comply office order No. NSTI/MOH/O/o/0105/2022/7048 Dated:- 09-03-2023 of work allocation